Dyslexia and Reading Disabilities Resource Guide

For Families and Teachers Affected by COVID-19

Distributed by

International **DYSLEXIA** Association®

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Dyslexia and Reading Disabilities Resource Guide

For Families and Teachers Affected by COVID-19

Purpose of Guide

The purpose of this guide from the International Dyslexia Association (IDA) is to introduce you to resources that will help you address the challenges we are all facing as we work and learn from home. We have tried to offer a variety of resources, but most are in the areas of education, special education, and support for struggling readers. This guide is not intended to be comprehensive; nor is it an endorsement of any programs or products listed or promoted on the websites we have shared. Many different types of organizations are listed, not all are nonprofits or partners of IDA. Many for-profit organizations are offering tools and resources for free in response to the tremendous need. It is up to you to carefully explore and assess these and other resources to determine what is most helpful to you and your students and families.

Sharing Resources

In many cases we have listed one specific resource from a source providing many resources, so we encourage you to use these as a jumping off point and continue to explore and share what you find with others and with us (**communications@DyslexiaIDA.org**) so we can spread the word.

Clickable links can be found throughout the guide in underlined text in this color.

IDA RESOURCES

Evaluating Resources

The first few items on the list are IDA resources that will assist you in reviewing any products and "solutions" critically as you address the needs of struggling readers.

- **Dyslexia Basics**
- **Effective Reading Instruction**
- **Structured Literacy Resources**
- **IDA's Knowledge and Practice Standards for Teachers of Reading**
- **Interventions to Improve Reading: Buyer Beware**
- Letter from Editor-in-Chief of Perspectives on Language and Literacy, Linda S. Siegel, Ph.D.
  Beware of Educational Promises Too Good to Be True!

Finding a Provider

If you are looking for a provider or services in your area, try our Provider Directory or reach out to your local branch.

IDA Provider and Branch Directories

Refer to the following fact sheets to help you evaluate services and service providers:
- **Evaluating Educational Professionals**
- **Helpful Terminology**.

IDA Accredited Educator Preparation Programs

You may also find useful resources and assistance by reaching out to IDA accredited programs and universities or visiting their websites:

For a list of Accredited Educator Preparation Programs: Higher Education, click **HERE**.
For a list of Accredited Educator Preparation Programs: Independent, click **HERE**.

IDA RESOURCES

Other IDA Resources

There will be days...when nothing seems to work right. The lesson goes slowly; the student is restless and perhaps bored. Education was not intended to take place in a single day. Give yourself and the student a break, and with the student, set meaningful goals for the next lesson. (See IDA's fact sheet on **Homeschooling**)

DE-STRESS! We are all stressed, but the student with dyslexia is even more vulnerable when trying to settle down and learn. IDA's fact sheet on the dyslexia-stress-anxiety connection provides a step-by-step guide for addressing stress, anxiety, and dyslexia. (See IDA's fact the **Dyslexia-Stress-Anxiety Connection**)

Buyer beware! Some organizations and individuals make exaggerated claims about their products and offerings. Parents must learn to be skeptical of any organization or individual making claims that seem too good to be true. It is worth the investment of your time to make sure that products or approaches are truly delivering on their promises. (See IDA's fact sheet **When Educational Promises Are Too Good to Be True**)

Technologies for dyslexia and other learning disabilities are increasingly available and accessible at lower cost. Everyday devices found in homes, schools, and businesses such as smartphones, tablets, and other mobile devices provide access to technology that is literally at one's fingertips. We have provided some guiding principles to help you evaluate these critical tools and resources. (See IDA's fact sheet **Overview of Assistive and Instructional Technology**)

Click here for more fact sheets, including fact sheets in Spanish.

Two Additional IDA Resources for Parents and Teachers of Students with Dyslexia

- **Dyslexia Handbook for Families**
- **Dyslexia in the Classroom**

Your state may also have its own dyslexia handbook. For example, **New Jersey** and **Colorado** both have handbooks with information that is useful to anyone wanting more information about dyslexia.

Finally, to address the need for more accessible content from home, we began to share presentations from IDA's past conferences. You can access these recordings and videos **here** as they become available. To receive updates on these and other resources provided in the days to come, **please join our mailing list**.

Articles from IDA's publications: the *Examiner* and *Dyslexia Connection*

- Software Instructional Support Review: Virtual Direct Instruction for Students with Dyslexia
- Dr. Cheesman's App Chat: Typing Lessons and Games for Kids and Adults
- Dr. Cheesman's App Chat: The Best Apps for Learning to Read
- Overview of Instructional and Assistive Technology: Critical Tools for Students Who Struggle
- Dr. Cheesman's App Chat: Games to Boost Math Skills
- Dr. Cheesman's App Chat: Word Games and Logic Puzzles
- Web Roundup: Top 10 Links for Parents of Students with Dyslexia
- Fractions Are Your Friends

IDA BRANCHES

IDA's 40+ branches offer a variety of resources, referrals, and trainings in your area. Click your local branch below to visit their website for more information and updates:

- **Alabama**
- **Alaska**
- **Arizona**
- **Austin**
- **Central Ohio**
- **Connecticut**
- **Dallas**
- **D.C. Capital**
- **Florida**
- **Georgia**
- **Hawaii**
- **Houston**
- **Indiana**
- **Iowa**
- **Kansas/MO**
- **Kentucky**
- **Long Island**
- **Los Angeles**
- **Louisiana**
- **Maryland**
- **Massachusetts**
- **Michigan**

- **Minnesota**
- **Mississippi (website coming soon)**
- **New Hampshire**
- **New Jersey**
- **North Carolina**
- **Northern California**
- **Northern Ohio**
- **Ohio Valley**
- **Ontario**
- **Oregon**
- **Pennsylvania**
- **Rhode Island**
- **Rocky Mountain**
- **San Diego**
- **South Carolina**
- **Southern California**
- **Southwest**
- **Tennessee**
- **Upper Midwest**
- **Virginia**
- **Washington State**
- **Wisconsin**

NON-IDA RESOURCES FOR TEACHERS, FAMILIES, AND STUDENTS

I. TEACHER AND EDUCATOR RESOURCES

A. Articles and Blog Posts
- Just in Time: A Resource Hub on Remote Learning for Special Education Students from Education Week
- Top Five Resources for Learning Online from Achieve the Core
- Teaching Tips and Resources for Distance Learning as Coronavirus Shuts Down Schools from Teacher Vision
- Remote Learning and College Students with Learning Disabilities from the Learning Disabilities Association of America
- How to Teach Social-Emotional Learning When Kids Aren't in School from Education Week
- New Strategies in Special Education as Kids Learn from Home from Edutopia
- Educator's Playbook from University of Pennsylvania

B. Webinars
- Online Tutoring using the Orton-Gillingham Approach from Academy of Orton-Gillingham Practitioners and Educators
- Learning Remotely in the Age of COVID-19: Lessons from Evidence and Concerns for Equity from Regional Education Library Mid-Atlantic
- Online Tutoring Using the Orton-Gillingham Approach
- NILD Telepractice Workshop
- Achieve the Core
- Learning Disabilities Association of America
- Orton Academy

C. Guides and Resources for Teaching Those with Disabilities
- Supporting Students with Disabilities During the COVID-19 Pandemic from Share My Lesson by Educators for Educators

D. Other Instructional Resources
- Brookes Publishing
  - Education Resources to Help During COVID-19
- Distance Learning for Special Education
  - Resources on this page are provided by educators and families from around the world who are collaborating to support the needs of students with significant disabilities during the COVID-19 pandemic. These materials are open source and may not be used for purchase.
- Remote Teaching Resources from Landmark School
- Free Online Resources for Remote Teaching from Education Week
- Supporting multilingual learners (MLLs)/English language learners (ELLs) during the COVID-19 Shutdown
- Understanding Language
- Advancing Excellence in English Language Teaching
- Reading Rockets
- Kaplan Digital Classroom Resources
- landmarkoutreach.org from Landmark School

NON-IDA RESOURCES FOR TEACHERS, FAMILIES, AND STUDENTS

II. FAMILY AND STUDENT RESOURCES

A. Articles and Blog Posts
- Rallying around students and safety during COVID-19
  - offers online repository of literacy tips for families to use at home
  - opt-in texting service Bright by Text with 75 content-rich text messages aimed at parents to support literacy development at home (the platform is free — texting and data rates may apply).
- 10 Ways Children with Language Disorders Can Maintain Both Physical Distance and Social Connection from American Speech-Language-Hearing Association
- Read to your family from the New York Times
- Remote Learning and College Students with Learning Disabilities from the Learning Disabilities Association of America
- How to Teach Social-Emotional Learning When Kids Aren't in School from Education Week
- Ed Week Article: How to Handle IEPs During the Coronavirus Crisis? Some Expert Advice

B. Webinars
- Learning Remotely in the Age of COVID-19: Lessons from Evidence and Concerns for Equity from Regional Education Library Mid-Atlantic
- Online Tutoring Using the Orton-Gillingham Approach
- Achieve the Core
- Learning Disabilities Association of America

C. Guides and Resources for Teaching Those with Disabilities
- Supporting Students with Disabilities During the COVID-19 Pandemic from Share My Lesson by Educators for Educators
- Career Guide for People with Disabilities

D. Other Instructional Resources
- Brookes Publishing
  - Early Childhood Resources to Help During COVID-19
  - At-Home Activities for Parents and Young Children
- Distance Learning for Special Education
  - Resources on this page are provided by educators and families from around the world who are collaborating to support the needs of students with significant disabilities during the COVID-19 pandemic. These materials are open source and may not be used for purchase.
- Opportunity.kaplan.com - Kaplan Test Prep is offering free access for one month to the SAT® Prep On-Demand course
- Kaplan Digital Classroom Resources - aimed at helping students, parents, and teachers navigate this period of online learning and working
- Child Mind COVID-19 Resource Center

E. Books (Audio & Print)
- bookshare.org
- dyslexiahelp.umich.edu/success-stories/dav-pilkey
- Learning Ally

NON-IDA RESOURCES FOR TEACHERS, FAMILIES, AND STUDENTS

II. FAMILY AND STUDENT RESOURCES

F. Instructions and Activities
- Wilson Language Training
- Carolina.com/learningfromhome
- Beastacademy.com/resources/printables
- Casioeducation.com/activities
- Playroly.org/
- K12.com\coronavirus
- Readingrockets.org/article/reading-adventure-packs-families

G. English Learners
- COVID-19:Teachers, Families, and the Future
- School Responses to COVID-19: ELL/Immigrant Considerations
- Supporting multilingual learners (MLLs)/English language learners (ELLs) during the COVID-19 Shutdown

H. Fun for Kids and Families
- Kidsread2kids.com
- Nova Labs at PBS
- Story Time from Space
- Teachable Moments
- Children learn to write their names in ancient Egyptian hieroglyphs, from the Royal Ontario Museum in Canada.
- Museum of Science
- Time Magazine's Time for Kids
- Video Games to Play with Your Kids That Won't Drive You Crazy from the New York Times
- **QuantumERA®** - students can travel back in time and space to the Battle of Gettysburg through Gettysburg: A Nation Divided
- Make dinosaur shadow puppets with templates from the Natural History Museums
- Tour marine sanctuaries and ocean habitats with a collection of virtual dives from the National Oceanic and Atmospheric Administration (NOAA)
- Theater-lovers can browse a range of classroom activities from the legendary Shakespeare's Globe theater
- San Francisco's Exploratorium

I. Virtual Museums
- American Museum of Natural History (AMNH) in New York City
  - Ology science website
  - AMNH courses on Khan Academy
- California Science Center: "Stuck at Home Science" video series
- Color Our Collections free PDF downloads of coloring pages created from art in the collections of 117 institutions
- Google
  - Google Arts and Culture (Tour more than 2,500 museums around the world online)
  - U.S. national parks
- Intrepid Sea, Air and Space Museum
- Smithsonian National Air and Space Museum
  - Air and Space Anywhere webpage (includes K-12 learning resources for STEM lessons, activities and videos on topics such as flight, planetary science, space, and engineering and technology).

GOVERNMENT AND NONPROFIT RESOURCES

(Links are to COVID-19 resources provided by these organizations.)

- U.S. Department of Education Bulletin 4/3/2020
- AIM Institute for Learning & Research
- The School Superintendent Association (AASA)
- American Speech-Language-Hearing Association (ASHA)
- Center for Education Reform
- Center for Parent Information & Resources
- Childmind Institute
- Comprehensive Center Network
- The Council for Learning Disabilities
- Decoding Dyslexia
- Dyslexia Advocacy Action Group
- Educating All Learners Alliance (EALA)
- Eye to Eye
- Family Network on Disabilities
- Haskins Laboratories
- Learning Ally
- Learning Disabilities Association of America (LDA)
- LD Online
- National Academy of Neuropsychology
- National Association of Elementary School Principals (NAESP)
- National Association of School Psychologists (NASP)
- National Center on Improving Literacy
- National Joint Committee on Learning Disabilities (NJCLD)
- National PTA
- Parent Educational Advocacy Training Center (PEATC)
- ProLiteracy
- SchoolVirtually
- Understood.org

ADDITIONAL RESOURCES AND MATERIALS

- [Child Trends](#)
- [Varsitytutors.com](#)
- [cowgirl.net/education/resources/](#)
- [curriculumassociates.com/supporting-students-away-from-school?utm_source=VanityURL_CAI-562381d&utm_medium=WordofMouth_Multi-use&utm_content=athome&utm_campaign=vanity](#)
  - (free resources during COVID)
- [edhelper.com/teacher-education/best-teaching-and-classroom-ideas.htm](#)
- [fcrr.org/resources/resources_sca_k-1.html](#)
- [freerice.com/#/English-vocabulary/1389](#)
- [invent.org/sites/default/files/2020-03/2020_STEMActivityGuide_Final.pdf](#)
- [gale.com/covid19access](#)
- [getyourteachon.com/virus/](#)
- [go.gale.com/ps/browseSubCategory?subCategory=Animal+Related+Subjects&userGroupName=c19micro&inPS=true&prodId=ITKE&category=Animals](#)
- [go.gale.com/ps/start.do?p=ITKE&u=c19micro](#)
- [hmhco.com/blog/free-learning-resources](#)
- [kennedy-center.org/education/mo-willems/](#)
- [learninga-z.com/](#)
- [marinemammalcenter.org/education/online-learning-resources/](#)
- [meadowscenter.org/institutes/products/response-to-intervention-institute](#)
- [melscience.com/US-en/articles/](#)
- [metmuseum.org/art/online-features/metkids/](#)
- [ngl.cengage.com/assets/html/covid19/](#)
- [Pbslearningmedia.org](#)
- [readworks.org/](#)
- [remotesupport.achieve3000.com](#) (free resources during COVID)
- [sciencefriday.com/](#)
- [share my lesson](#)
- [storylineonline.net/](#)
- [speld-sa.org.au/services/phonic-books.html](#)
- [speld-sa.org.au/services/speld-sa-let-s-talk-together-language-cards.html](#)
- [teach.starfall.com/lv/](#)
- [https://tntp.org/assets/documents/ELL_and_ELD_At-Home_Learning_Support-TNTP.pdf](#)
- [Virtual Mini-Fest Countering Covid: Don't Let Education Fall into the Curve](#)
  - (information on technology for underserved communities)
- [Waterford.org\boost](#)
- [Whole Phonics](#)
- [WideOpenSchool](#) (Includes section for [English-Language Learners](#)) by Common Sense

For more than 70 years, IDA has served on the front line, addressing complex issues of dyslexia. Our mission is "to create a better future for all individuals who struggle with dyslexia and other related reading differences so that they may have richer, more robust lives and access to the tools and resources they need."

For more information, please contact us
International Dyslexia Association, Inc. (IDA)
40 York Road – Suite 400
Baltimore, MD 21204
(410) 296-0232
www.DyslexiaIDA.org

International **DYSLEXIA** Association®